

Data from the 2016 NZ Health and Lifestyle Survey

Shopping for food and drink

Weekly spend



Many families spend **\$100 or less** a week on food and drink.



39% of our low income families (Q1)*

compared with



11% of our high income families (Q5)* report spending \$100 a week or less on food and drink.**

*Income was split into 5 quintiles. Q1 represents the lowest income families, and Q5 represents the highest income families.

**The income quintiles take into account the number of people in the family.